



Your voice for excellence through education and advocacy

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Patient Resources

Oral Health Fact Sheets

Share the AGD Oral Health Fact Sheets with your patients in two great ways — either print them for your office or embed them on your Web site.



Both options allow you to offer your patients customized fact sheets that feature your name and practice address.

To print your fact sheets: Click and download the PDF versions in the left column.

Don't see a topic you're looking for? E-mail suggestions to the AGD's Public Relations Department at media@agd.org.

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[Academy of General Dentistry](#)

Explain to patients about how your membership in AGD helps you provide them with better patient care.

[Acid Erosion](#)

Your teeth's enamel may be tough, but your teeth still need your help to protect them from erosion.

[Acid Reflux](#)

Heartburn, or acid indigestion, is a common symptom of chronic acid reflux, also known as gastroesophageal reflux disease (GERD).

[Allergies and Dentistry](#)

Allergic reactions are sensitivities to a specific substance, called an allergen, that makes contact with the skin, or is inhaled into the lungs, swallowed, or injected. Some allergic reactions are mild, while others can be severe and life-threatening.

[Anxiety](#)

Going to the dentist can cause anxiety, and that's a normal reaction

[Athletic Mouthguards](#)

An athletic mouthguard is a flexible appliance that is worn during athletic and recreational activities to protect teeth from trauma. Custom-fabricated mouthguards are essential for preventing athletic oral/facial injuries, such as broken teeth, jaw fractures, cerebral hemorrhages, and neck injuries.

B

[Baby's Oral Health](#)

It's never too early to start taking care of your little one's teeth.

[Bridges](#)

A fixed bridge is a dental appliance that replaces one or more missing teeth—thus “bridging” the space between the two adjacent natural teeth or implants.

[Brushing](#)

Knowing how to brush your teeth is an important skill that children should learn at an early age.

[Bruxism](#)

Bruxism is the technical term for teeth grinding and clenching that causes facial pain.

C

[Child's First Dental Visit](#)

Prepare your child for that first visit and the result may be the start of positive, lifelong dental care.

[Children and Tooth Decay](#)

[Children's Oral Health](#)

Taking your child to the dentist at an early age is the best way to prevent oral health problems.

[Continuing Education](#)

Use this resource to help your patients understand why you take continuing education to better serve them and their families.

[Cosmetic Dentistry](#)

Your dentist can perform a variety of cosmetic procedures to improve your smile from subtle changes to major repairs. There are many techniques and options to treat teeth that are discolored, chipped, misshapen, or missing. Your dentist can reshape your teeth, close spaces, restore worn teeth, or alter the length of your teeth.

[Crowns](#)

Dental restorations restore the function, integrity, and morphology of missing tooth structure, which can be caused by caries or external trauma, such as chipping or cracking a tooth.

D

[Dental Anxiety](#) 

Going to the dentist can cause anxiety, and that's a normal reaction

[Dental Careers](#) 

[Dental Emergencies](#) 

This fact sheet contains tips for parents/caregivers on how to treat their child's dental emergency.

[Dental Emergencies 2](#) 

Use this fact sheet to explain to your patients what to do when a tooth is knocked out or chipped.

[Dental Sealants](#) 

[Dentin Hypersensitivity](#) 

[Dentures](#) 

This fact sheet provides tips on how to care for a denture.

[Dietary Supplements and Oral Health](#) 

[Dry Mouth](#) 

Discuss the causes and effects of dry mouth with your patients.



[E-Cigarettes](#) 

The risks of e-cigarette use.

[Eating Disorders](#) 

Eating disorders are real, complex, and often devastating conditions that can have serious consequences on your overall health and oral health.

[Effects of Smoking on the Mouth](#) 

Using tobacco can harm your mouth, including your teeth and gums, in a number of ways.

[Endocarditis](#) 

Understanding endocarditis and when antibiotics are taken for dental procedures.

[Erosion](#) 

Tooth erosion, or tooth wear, is the loss of the surrounding tooth structure.

[Extraction](#) 

Teeth are usually extracted because decay and damage has left the tooth unable to be repaired through other methods.



[Family Oral Health](#) 

Good oral health starts at home.

[Fetal Alcohol Spectrum Disorders](#) 

Fetal alcohol spectrum disorders (FASD) is an umbrella term that describes the range of effects that can occur in a person whose mother drank alcohol while pregnant.

[Flossing](#) 

[General Dentists](#) 

Learn more about your general dentist and how he or she can help you and

your family maintain healthy mouths.

[Geriatric Dental Care](#) 



[Halitosis](#) 

[How to Choose a Dentist](#) 



[Implants](#) 

[Infant Oral Health](#) 

It's never too early to start taking care of your little one's teeth.



No fact sheet available under this letter.



No fact sheet available under this letter.



[Laser Dentistry](#) 

A laser is an instrument that produces a very narrow, intense beam of light energy, which, in dentistry, can be used to remove or shape oral tissue, including gums, teeth, and bone.



[Men's Oral Health](#) 

Men are less likely than women to take care of their physical health and, according to research, their oral health is equally ignored.

[Minimally Invasive Dentistry](#) 

The goal of minimally invasive dentistry, also known as microdentistry, is to conserve healthy tooth structure through preventive care.

[Mouth Sores](#) 

Mouth sores are swollen spots or sores in your mouth, on your lips, on your tongue, or on the skin surrounding your mouth.

[Mouthguards](#) 

A mouthguard is a flexible appliance that is worn during athletic and

recreational activities to protect teeth from trauma.

[Mouthwash](#) 

Mouthwash, also known as mouthrinse, is an oral hygiene product that you can use in addition to brushing and flossing.

N

[Nutrition \(Children\)](#) 

[Nutrition](#) 

O

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T

[Technology in the Dental Office](#) 

With today's technologies, dentists are equipped to manage your dental health, all while ensuring your safety and comfort.

[Temporomandibular Disorder](#) 

TMD occurs when the temporomandibular joint is damaged or deteriorated, or when the muscles surrounding the joint malfunction, causing imbalanced jaw movement.

[Teen's Oral Health](#) 

Teens should be sure to see their dentist at least twice a year.

[Tooth Decay \(Children\)](#) 

Tooth decay is the most common chronic disease among children.

[Tooth Erosion](#) 

Tooth erosion, or tooth wear, is the loss of the surrounding tooth structure.

[Tooth Extraction](#) 

Teeth are usually extracted because decay and damage has left the tooth unable to be repaired through other methods.

[Toothbrushes](#) 

Your toothbrush is the most important item in your oral health toolkit

[Toothpaste Abrasivity](#) 

Toothpaste, also known as dentifrice, is available in paste or gel form.

U

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